

Terms and Conditions

Full terms and conditions can be found on our website, www.ezyswim.com.au, under the 'Members' tab.

Key Information

- **Swimming Caps** – Caps are compulsory for swimmers aged over 2½ who participate in Learn-to-Swim and Squad sessions.
- **Departure** – An enrolment may be cancelled after the minimum subscription of one month by emailing lindfield@ezyswim.com.au. To be cancelled the following month, notice must be received by the 25th of the current month. Departure request forms received after the 25th day of the current month will not take effect until the month after.
- **Make-up sessions** – Customers are issued 2 make-up sessions per term.
 - Make-up sessions must be administered by our Support Office Team.
 - Customers must notify absence at lindfield@ezyswim.com.au to receive a make-up.
 - Notification of absence can be completed a minimum of 1 hour prior to the start of the lesson time, and a maximum of 8 weeks prior to the date of the lesson.
 - Make-up sessions are only available to be booked a maximum of 8 weeks after the class date has passed.
 - Each customer is allocated 2 make-up sessions per term, for a total of 8 make-up sessions per calendar year.
 - Make-up sessions can be booked up to 7 days in advance only.
 - Medical certificates are not required.
 - No extensions will be granted for unused make-up sessions.
 - If you do not attend your scheduled lesson (and notify absence as outlined above) you forfeit your lesson entirely.
 - Make-up sessions cannot be rescheduled.
 - Extended medical absences (3+ weeks) will be reviewed by Management on a case-by-case basis.
 - All make-up sessions automatically reset annually on 1st January.
- **Public and School Holidays** – There are no classes conducted on Public or School Holidays. All monthly fees have a discount automatically applied. Additional Holiday Express Programs may run during the school holidays, please call our Support Office on 1300 11 7946 for more information.

Parents' Guide

Our Parents' Guide has everything you need to know about your lessons with us at Ezyswim, including level progression, how to use the Customer Portal, and other important information. This can be accessed either within your Customer Portal, or by clicking the link in your initial booking confirmation email.

Policies

Our Conditions of Entry, Hygiene Policy and Change Room Policy can all be found on our website, www.ezyswim.com.au

Prices (SWIM FEES ARE PAYABLE BY AUTOMATIC PAYMENT)

As at 1 July 2019. Fees are payable on the 5th business day of the month by Automatic Payment. Depending on the content level of personal aquatic survival skills, certain programs are GST free.

Program Level

Infant Aquatics.....	\$21.00	(per session)
Preschool	\$21.00	(per session)
School Age	\$21.00	(per session)
Mini Squad	\$21.00	(per session)
Adult	\$21.00	(per session)
Personal Session (one-on-one)	\$48.30	(per session)
Personal Session (two-on-one)	\$72.50	(per session)

Holiday Express Program

5 Day Group Program.....	\$105.00
4 Day Group Program.....	\$84.00

Administration Fees

Returned Payment Fee	\$12.00 per payment
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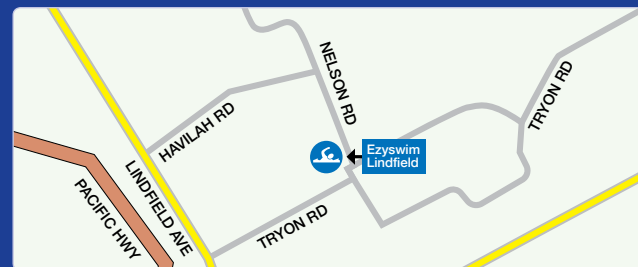
Family Discount

Families with 3 or more participants in the program receive a 30% discount for the 3rd or subsequent family member. Discount applied to the course with the lowest cost.

Regular User Discount

Receive a 30% discount for more than 1 session per week in our Learn-to-Swim program. Discount applied to the course with the lowest cost.

Your Ezyswim Contact is:



Lindfield
Cromehurst School
8 Nelson Road
Lindfield NSW 2070

1300 11 SWIM (7946)

lindfield@ezyswim.com.au | www.ezyswim.com.au

 **ezyswim**

Swimming, a skill for life.

Lindfield
Swimming
Programs
year round swimming

1300 11 7946
www.ezyswim.com.au



Our Venue

Our unique indoor pool is heated to 32 degrees and sanitised with a chlorine disinfectant system. Our facilities are fully accessible and we have private change rooms for the convenience of our members. We are open year round, with the exception of public holidays and school holidays.

Ezyswim Program

Our program is based on a continuous swimming program with lessons breaking during school holidays and public holidays. To ease administration and for the benefit of our customers, program fees are payable by Automatic Payment (either bank account or credit/debit card). All children with previous swimming experience must be assessed prior to enrolling in our program. Please contact us to arrange your complimentary assessment.

Your Instructors and Coaches

Our swim program instructors are all accredited with AUSTSWIM/ASCTA and have been screened according to legislative requirements. The team of instructors are professionally qualified and have been selected based on a combination of their technical knowledge, coaching skills and ability to communicate and build rapport. Our instructors have a caring and empathetic approach to teaching to ensure all participants feel comfortable and confident at all times.

Ezyswim Support Office Hours

Monday to Friday 9.00am – 5.30pm, and weekends 8.00am – 5.00pm.

Our Support Office can be contacted for all your Ezyswim enquiries, including bookings, session transfers, payment options, change of details and general enquiries.

1300 11 SWIM (7946)

lindfield@ezyswim.com.au

www.ezyswim.com.au

Swim Programs

INFANT AQUATICS

B1 – (parent and baby) Infants aged 6–15 months are introduced to water in a happy and positive manner. Plenty of songs, colour and repetitive activity to stimulate both baby and parent! Introduction of water skills. This is a water familiarisation class. Class duration: 30 minutes. 8 per group.

B2 – (parent and toddler) Toddlers aged 16–24 months are developing their water confidence and paddling skills with the comfort of a parent by their side. Further development of water safety skills. Class duration: 30 minutes. 8 per group.

B3 – (parent and toddler) Toddlers aged 25–29 months. Continuation of developing water confidence and building paddling skills, floating and basic breath control in preparation for independent swimming. Consolidation of personal water safety skills. Class duration: 30 minutes. 8 per group.

LEARN-TO-SWIM AND AQUATIC SAFETY

Preschool

Starfish – Toddlers aged 30–35 months. Activities include basic breath control, floating, propulsion and submersion. Focus on basic survival skills. Class duration: 30 minutes. 4 per group.

Tadpole – Class is aimed at building the water confidence and safety skills of beginners from 3 years of age. Activities include basic breath control, floating, propulsion, paddling and submersion. Focus on basic survival skills. Class duration: 30 minutes. 4 per group.

Frog – More confident preschoolers are taught to float, propel and submerge independently with the introduction of freestyle arms and legs. Focus on safety in deep and shallow water. Class duration: 30 minutes. 4 per group.

Penguin – Continuation of basic freestyle techniques and introduction of backstroke with development of streamline body position. Focus on deep water safety. Class duration: 30 minutes. 4 per group.

School Age

Water Safety Certificate – Beginners are introduced to floating, propulsion and submersion. Focus is on basic water safety and survival skills. Class duration: 30 minutes. 4 per group.

Seahorse – Continues to develop floating, propulsion and submersion skills with the introduction of basic freestyle and back kicking. Class duration: 30 minutes. 5 per group.

Platypus – Continuation of freestyle with bi-lateral breathing and backstroke instruction whilst instilling deep water confidence. Focus on deep and shallow water safety. Class duration: 30 minutes. 5 per group.

Seal – Further development of bi-lateral breathing freestyle and backstroke. Introduction of breaststroke and diving. Focus on deep water safety and survival swimming. Class duration: 30 minutes. 6 per group.

Dolphin – Butterfly is introduced whilst maintaining focus on all other strokes and diving. Preparation for Mini Squad. Focus on advanced water safety techniques. Class duration: 30 minutes. 6 per group.

MINI SQUAD AND AQUATIC SAFETY

Marlin – Emphasis on stroke development as children familiarise themselves with squad sessions. Introduction to turns and drills. Focus on personal safety in all aquatic environments. Class duration: 30 minutes. 10 per group.

Shark – Refinement of technique and gradual endurance building. Starts, turns and finishes. Focus on personal safety and rescues in all aquatic environments. Class duration: 45 minutes. 10 per group.



PERSONAL SESSIONS

(All ages) Individualised sessions for those requiring more personalised attention. Structured as one-on-one or two-on-one, these sessions can be tailored to suit personal needs. All abilities are catered for and personal aquatic survival skills are introduced at every level of tuition. Varying times available. Bookings essential.

ACCESS AND INCLUSION SESSIONS

Our team is qualified to deliver programs that meet the needs of a diverse range of customers within the aquatic environment. We cater for individual needs regardless of ability, chronic condition, age or culturally and linguistically diverse backgrounds. Bookings essential.

HOLIDAY EXPRESS PROGRAMS

In conjunction with our yearly programs, Ezyswim conducts Holiday Express Programs during the school holidays. These programs are a great way to boost your child's swimming ability and confidence.

Adult Programs

Whether it is learning to swim, stroke improvement or personal sessions, programs are available to ensure your requirements are met.

Learn-to-Swim – For beginner and intermediate students.

Personal Sessions – Individualised sessions for those requiring more personalised attention. Structured as one-on-one or two-on-one, these sessions can be tailored to suit personal needs.

Aquacise – Aquacise is an excellent choice of exercise for fun and fitness. It is adaptable for all personal conditions, illnesses, injuries, post surgeries and general well-being. Aquacise is a proven way to increase your metabolism, build muscle tone and strength, improve balance and flexibility and relieve tension. This is a low impact exercise class. All classes are 45 minutes in duration.

Participation in all programs is done at your own risk. Please ensure if you have any medical conditions that you seek and follow advice from your health practitioner.



Ezyswim proudly supports  Royal Institute for Deaf and Blind Children

